

In order to ensure a complete and successful examination, please follow ALL these instructions carefully:

Surgery Time: __ Surgery Date: __ Day: ☐Monday ☐Tuesday ☐Wednesday ☐Thursday ☐Friday

Please arrive 1 hour earlier @_____for registration, nurse and pre anesthesia interview.

If you are **unable to keep your appointment, call the office 48 hours in advance** to avoid any charges.
Note: Any less time to cancel or reschedule may result in a \$100.00 fee.

2 wk Prior	1.If you take Diet pills not limited to but including, Phenteramine (Phen-Phen Diet Pills), stop this and any type of diet medication 2 weeks prior to procedure.
1 Wk Prior	1.Stop Iron, 1 week before your procedure.
7-5-2 days prior	2.If you take the following medications, stop according to medical guidelines. If you are a heart patient and taking these medications, consult your cardiologist prior to stopping. • Stop Effient (prasugrel) 7 days prior. • Stop Coumadin (warfarin), Plavix (clopidogrel) & Brilinta (ticagrelor) 5 days prior. • Stop Pradaxa (dabigatran), Xarelto (rivaroxaban), Eliquis (apixaban) & Savaysa (edoxaban) 2 days prior.
Day Before	1.Take nothing by mouth after midnight and please remove any dark finger nail polish. 2.Nothing to eat or drink after midnight. 3.If you are diabetic, Please hold your diabetic medication the night before your procedure and the morning of. If you need help with medication dosage, please ask your primary doctor
Day Of Procedure	1.On the morning of your examination, take your heart and/or blood pressure medication between 5 & 6 a.m. with a small sip of water Please brush your teeth, do not swallow toothpaste. After your shower, do not use body lotion. NO gum or hard candy. No diabetic medicine. 2.Do not eat or drink anything on the morning of your examination after medicine. 3.If your procedure begins after 12 p.m. (noon), you may have a clear liquid diet for breakfast; this must be done 5 hours prior. 4.Bring someone with you to stay during your procedure and take you home. If you arrive alone, your examination will be cancelled. 5.Please be on time. If you are late, you will be the cause of major delays for all other patients’ under-going similar examinations. Furthermore, if you are late, your examination may be cancelled so that the schedule for other patients can be maintained.
After Procedure	1.After you are discharged, return home. Do not drive, operate machinery, or drink alcoholic beverages for 18-24 hours. 2.If you have any complications (vomiting, abdominal pain, tenderness, fever or bleeding) after returning home, call your doctor at the office 8 a.m. until 4 p.m., after 4 p.m. call the answering service at 866-830-7280.