

Instructions for Flexible Sigmoidoscopy

You have been scheduled for a Flexible Sigmoidoscopy. In order to insure a complete and successful examination, please follow these instructions carefully:

DATE: _____ **TIME:** _____ **Check in 1 hour before @Location:**

<input type="checkbox"/> Michigan Endoscopy Center - Farmington Hills 30055 Northwestern Hwy. @ Inkster Rd. Located in the Providence Building, Suite #L60 Providence Medical Building is located on Inkster Rd at 12 ½ mile area- on the South side of Northwestern Hwy Enter at the West entrance, straight to elevator	<input type="checkbox"/> Michigan Endo Center Providence Park - Novi 47601 Grand River Ave. @ Beck Rd. Outpatient Building, 1 st floor-suite #D110 Providence Novi Outpatient Building door has a pyramid canopy with a statue of two nuns in front and is the building facing Grand River Ave.
<input type="checkbox"/> Providence Hospital Main entrance- Southfield 16001 W. 9 Mile Rd. @ Greenfield Southfield, MI 48075 use the 9 Mile entrance	<input type="checkbox"/> Providence Park Hospital, Outpatient Center - Novi 47601 Grand River Ave @ Beck Novi, MI 48374 the 2nd floor of the Outpatient Building

If you are unable to keep your appointment, **call** the office at least **24 hours in advance** to cancel the procedure. Note: Any less time to cancel or reschedule may result in a charge for set up, boarding and rescheduling.

2 wks. Prior	1. If you take Diet pills not limited to but including, Phenteramine (Phen-Phen Diet Pills), stop this and any type of diet medication 2 weeks prior to procedure.
1 Wk. Prior	1. DO NOT EAT foods containing small seeds (nuts, tomatoes, cucumbers, rye, popcorn, sesame, caraway, poppy and grapes). 2. Stop Iron , 1 week before your procedure.
7-5-2 days prior	3. If you take the following medications, stop according to medical guidelines. If you are a heart patient and taking these medications, consult your cardiologist prior to stopping. • Stop Effient (prasugrel) 7 days prior. • Stop Coumadin (warfarin), Plavix (clopidogrel) & Brilinta (ticagrelor) 5 days prior. • Stop Pradaxa (dabigatran), Xarelto (rivaroxaban), Eliquis (apixaban) & Savaysa (edoxaban) 2 days prior.
DAY BEFORE	1. Clear liquid dinner: water, broth, pop, fruits, juices, black coffee, tea and jello. 2. At 6 P.M. take 3-4 tablespoons of Milk of Magnesia, followed by two 8 oz. glasses of water. 3. Do not eat until after your procedure.
Day Of Procedure	1. Between 5 & 6 a.m. , on the morning of your examination, take your heart and/or blood pressure medication with a small sip of water. 2. If your procedure is after 12 noon, you may have a clear liquid breakfast. Nothing by mouth 6 hrs prior to procedure. 3. One hour before appt. use as directed One FLEET ENEMA (green/white box). 4. Bring someone with you to stay during your procedure and take you home. If you arrive alone, your examination will be cancelled. 5. Please be on time . If you are late, you will be the cause of major delays for all other patients' under-going similar examinations. Furthermore, if you are late, your examination may be cancelled and so that the schedule for other patients can be maintained.
After Procedure	1. After you are discharged , return home. Do not drive , operate machinery, or drink alcoholic beverages for 18-24 hours . 2. If you have any complications (vomiting, abdominal pain, tenderness, fever or bleeding) after returning home, call the office at 248-662-4110, after 4 p.m. call the answering service at 866-830-7280