

In order to ensure a complete and successful examination, please follow ALL these instructions carefully:

Surgery Time: __ Surgery Date: __ Day: ☐Monday ☐Tuesday ☐Wednesday ☐Thursday ☐Friday

Please arrive 1 hour earlier @_____for registration, nurse and pre anesthesia interview.

If you are **unable to keep your appointment**, call the office **48 hours in advance** to avoid any charges.
Note: Any less time to cancel or reschedule may result in a \$100.00 fee.

<div>2 wk Prior</div>	<p>1.If you take Diet pills not limited to but including, Phenteramine (Phen-Phen Diet Pills), stop this and any type of diet medication 2 weeks prior to procedure.</p>
<div>1 Wk. Prior</div>	<p>1.Stop Iron, 1 week before your procedure.</p>
<div>7-5-2 days prior</div>	<p>2.If you take the following medications, stop according to medical guidelines. If you are a heart patient and taking these medications, consult your cardiologist prior to stopping.</p> <ul style="list-style-type: none">• Stop Effient (prasugrel) 7 days prior.• Stop Coumadin (warfarin), Plavix (clopidogrel) & Brilinta (ticagrelor) 5 days prior.• Stop Pradaxa (dabigatran), Xarelto (rivaroxaban), Eliquis (apixaban) & Savaysa (edoxaban) 2 days prior.
<div>Day Before</div>	<p>1.Take nothing by mouth after midnight and please remove any dark finger nail polish.</p> <p>2.Nothing to eat or drink after midnight.</p> <p>3.If you are diabetic, Please hold your diabetic medication the night before your procedure and the morning of. If you need help with medication dosage, please ask your primary doctor</p>
<div>Day Of Procedure</div>	<p>1.On the morning of your examination, take your heart and/or blood pressure medication between 5 & 6 a.m. with a small sip of water Please brush your teeth, do not swallow toothpaste. After your shower, do not use body lotion. NO gum or hard candy. No diabetic medicine.</p> <p>2.Do not eat or drink anything on the morning of your examination after medicine.</p> <p>3.If your procedure begins after 12 p.m. (noon), you may have a clear liquid diet for breakfast; this must be done 5 hours prior.</p> <p>4.Bring someone with you to stay during your procedure and take you home. If you arrive alone, your examination will be cancelled.</p> <p>5.Please be on time. If you are late, you will be the cause of major delays for all other patients' under-going similar examinations. Furthermore, if you are late, your examination may be cancelled so that the schedule for other patients can be maintained.</p>
<div>After Procedure</div>	<p>1.After you are discharged, return home. Do not drive, operate machinery, or drink alcoholic beverages for 18-24 hours.</p> <p>2.If you have any complications (vomiting, abdominal pain, tenderness, fever or bleeding) after returning home, call your doctor at the office 8 a.m. until 4 p.m., after 4 p.m. call the answering service at 866-830-7280.</p>